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|----------------------------------------------------------------------------|-----|
| Crusty Sourdough Bread with Olive Oil and Balsamic Dipping Sauce (v,vg,df) | 4.5 |
| Mixed Olives from Silver and Green (v,vg,df,gf)                            | 5   |

### Starters

|                                                                                           |    |
|-------------------------------------------------------------------------------------------|----|
| Trio of Fish- Lobster Croquette, Crayfish Cocktail, Smoked Scottish Salmon, Pickled Veg   | 13 |
| Chilli and Garlic King Prawns and Chorizo with Dipping Sourdough                          | 12 |
| Pan Fried King Scallops with a Crunchy Apple and Pine-nut Salad, Mustard Vinaigrette (gf) | 15 |
| Bourbon and Maple Southern Fried Chicken with Ranch Sauce                                 | 11 |
| Duck Liver and Brandy Pate with Damson and Apple Chutney, Homemade Foccacia (df)          | 10 |
| Twice Baked Eden Chieftain Cheese Souffl  with Creamed Leeks (v)                          | 12 |

### Mains

|                                                                                                   |    |
|---------------------------------------------------------------------------------------------------|----|
| Cumbrian Fillet Steak, Field Mushroom, Plum Tomato, Skin on Fries and Garlic Butter (gf)          | 37 |
| Add a Peppercorn Sauce or a Blue Cheese Rarebit (gf)                                              | 4  |
| Roast Lamb Cannon, Lamb Hotpot, Savoy Cabbage and Red Wine Jus (gf,df)                            | 31 |
| Pork- Crispy Belly, Braised Cheek, Cumbrian Sausage, Cider, Apple and Bacon, Dauphinoise Potatoes | 28 |
| Pan Fried Sea Bass with Lobster and Prawn Ravioli and a Lobster Bisque                            | 28 |
| Wild Mushroom Cobbler, Cheese and Herb Scone, Poached Carrots and Sesame                          | 22 |
| Fish of the Day                                                                                   |    |

### Sides

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|--------------------------------------------------------|-----|
| Skin On Fries (v,vg,gf,df)                             | 4.5 |
| Fries with Truffle and Parmesan                        | 6   |
| Dauphinoise Potatoes (v,gf)                            | 4.5 |
| Tender-stem Broccoli with Toasted Almonds (v,vg,df,gf) | 5   |
| Poached Carrots and Sesame                             | 4.5 |

### Desserts

|                                                                                    |     |
|------------------------------------------------------------------------------------|-----|
| Sticky Toffee Pudding with Butterscotch Sauce and Madagascan Vanilla Ice Cream (v) | 9.5 |
| Iced Dark Chocolate Parfait with Almond Praline and Coffee Syrup (v,(gf)           | 9.5 |
| Lemon Posset with Homemade Shortbread (v, gf available)                            | 9.5 |
| Rhubarb and Strawberry Crumble with Ginger Ice Cream (v,vg,gf available)           | 9.5 |
| White Chocolate and Raspberry Cheesecake with Raspberry Sorbet                     | 9.5 |
| Ice Creams and Sorbets (per scoop) (v,gf)                                          | 3.5 |
| A Selection of Local Cheeses served with Homemade Red Onion Chutney and Biscuits   | 13  |